



Hope
Community
Services

November 2024

Family Resource Centre

Decoda
LITERACY SOLUTIONS

For more information call 604 869 2466, or check out the Family Resource Centre Facebook page, or visit 434 Wallace street, or email familyresourcecentre@hopecommunityservices.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 Daylight Savings Clocks Fall back	4 Family Place 8:45-10:30 Shape Dinosaur craft Infant Massage 1:30-2:15	5 BB 10:00-11:30 Cathy the Health Nurse is Here.	6 Healthy Families 3:00-4:30 Shadow Dinos And Show and Share	7 Family Place 8:45-10:30 Dino Crown Craft	8	9
10	11 Remembrance Day Closed	12 BB 10:00-11:30 The Cherish Project is here	13 Healthy Families 3:00-4:30 Swimming	14 Family Place 8:45-10:30 Yoga	15	
17	18 Family Place Skating 10:00-11:00 Infant Massage 1:30-2:15	19 BB 10:00-11:30 Creating Safe Spaces Presentation Barbara McLean	20 Healthy Families 3:00-4:30 Movie and Dinner	21 Family Place 8:45-10:30 Nature Collage And Show and Share	22 Monthly Family Meal Kits 9:30-10:30	
24	25 Family Place 8:45-10:30 Farm Animal Craft Infant Massage 1:30-2:15	26 BB 10:00-11:30 Jeopardy	27 Healthy Families 3:00-4:30 Family Crafts and Dinner	28 Family Place 3:00-4:30 Community Meal	29 Selling socks For Literacy At the rec center 10:00-12:00	30

These programs run with the generous financial support of MCFD and the Public Health Agency of Canada.