

Community Food Resource Center



Last names A-J

K-Z are different days

Open 10-12 Lunch to go 10:00-12:00

Community Meal 11:30-1:00pm

October 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
October 21 ONCE a MONTH SENIORS FOOD BANK DAY 65+ 12:30-1:30		THE CALENDAR IS SUBJECT TO CHANGES EACH MONTH	<i>1 OPEN for Food Shopping 10:00-12:00 Last name <u>A-J</u> <u>Lunch</u></i>	<i>2 OPEN for Food Shopping 10:00-12:00 Last names K-Z <u>Lunch To go</u></i>	<i>3 Soup and Bun At HCS office</i>	<i>4</i>
<i>5</i>	<i>6 Soup and Bun At HCS office</i>	<i>7</i> <div>Lunch Bunch Seniors 10am \$12</div> <i>Soup and Bun At HCS office</i>	<i>8 OPEN for Food Shopping 10:00-12:00 Last names K-Z <u>Lunch</u></i>	<i>9 OPEN for Food Shopping 10:00-12:00 Last name <u>A-J</u> <u>Lunch To go</u></i>	<i>10 3Soup and Bun At HCS office</i>	<i>11</i> <div>When Food Bank is Closed Soup and Bun at Hope Community Services office 11:00-1:00</div>
<i>12</i>	<i>13</i> 	<i>14</i> <div>Lunch Bunch Seniors 10am \$12</div> <i>Soup and Bun At HCS office</i>	<i>15 OPEN for Shopping 10:00-12:00 Any Last Name that hasn't shopped</i>	<i>16 OPEN COMMUNITY MEAL All Welcome 11:30-1:00</i>	<i>17 Soup and Bun At HCS office</i>	<i>18</i>
<i>19</i>	<i>20 Soup and Bun At HCS office</i>	<i>21</i> <div>Lunch Bunch Seniors 10am \$12</div> <div>Seniors 65+ Food Bank day 12:30-1:30</div>	<i>22 Food bank CLOSED Soup and Bun At HCS office</i>	<i>23 Soup and Bun At HCS office Give Away at Food Bank 10-11</i>	<i>24 Soup and Bun At HCS office</i>	<i>25</i> 
<i>26</i>	<i>27 Soup and Bun At HCS office</i>	<i>28</i> <div>Lunch Bunch Seniors 10am \$12</div> <i>Soup and Bun At HCS office</i>	<i>29 Service Canada HCS office 10-3 Soup and Bun At HCS office</i>	<i>30 Soup and Bun At HCS office Food Bank Give Aways 10-11</i>	<i>31 Soup and Bun At HCS office</i>	<div>Information at: www.hopecommunityservices.com 778 601-6476</div>

When Food Bank is Closed
Soup and Bun at
Hope
Community
Services
office
11:00-1:00