

FAMILY RESOURCE CENTRE NEWSLETTER

Better Beginnings (BB) - Tuesdays

This program provides support, knowledge, education and assistance with access to community services for pregnant mothers and parents/caregivers with newborns up to 6 months. Gift cards are given to participants at the end of each session.

Family Place (FP) - Mondays and Thursdays

This program is a drop-in for children under 6 and their parents/caregivers. We offer activities, playtime, parental support and more.

Community Connections (CC) - Wednesdays

This is a new rotating program series with a number of offerings from parenting classes like the CALM Connection, to family adventures, to Mother Goose. The programs will be registered and the times may vary depending on the series but it will always be on a Wednesday. CC will be run in collaboration with other community partners and is funded by MCFD.

Everyone is welcome at our programs. We look forward to meeting you and your little ones in our warm and welcoming space

Our Family Resource Facilitators are trained, licensed Early Childhood Educators and Child & Youth Care workers with many other skills and certificates. They have a number of roles including facilitation of Family Resource Centre programs, Mother Goose programs, family navigation, and literacy outreach. These Programs run with the generous financial support of MCFD, Public Health Agency of Canada and Decoda.



OUR FUNDERS SUPPORT OUR PROGRAMS TO HELP PROMOTE HEALTHY HABITS AND DEVELOPMENT OF YOUNG CHILDREN BIRTH TO 6YRS



UPCOMING EVENTS

This month the Family Resource Centre will be exploring the outdoors before we close for Spring Break!

Family Place will be visiting both the Rotary Trails and Memorial Park, so check-out the calendar for more details.

Better Beginnings will be revisiting our group guidelines ensuring all participants have filled out a registration form.

Community Connections will be finishing-up the CCRR Workshop Series this month. There will also be the Loose Parts Drop-in on March 11th (open to anyone) . CCRR will be there to answer your questions about child care in Hope.



The Family Resource Centre will be closed March 16th - 27th for Spring Break.