

FAMILY RESOURCE CENTRE NEWSLETTER

Better Beginnings (BB) - Tuesdays

This program provides support, knowledge, education and assistance with access to community services for pregnant mothers and parents/caregivers with newborns up to 6 months. Gift cards are given to participants at the end of each session.

Family Place (FP) - Mondays and Thursdays

This program is a drop-in for children under 6 and their parents/caregivers. We offer activities, playtime, parental support and more.



Community Connections (CC) - Wednesdays

This is a new rotating program series with a number of offerings from parenting classes like the CALM Connection, to family adventures, to Mother Goose. The programs will be registered and the times may vary depending on the series but it will always be on a Wednesday. CC will be run in collaboration with other community partners and is funded by MCFD.

Everyone is welcome at our programs. We look forward to meeting you and your little ones in our warm and welcoming space

Our Family Resource Facilitators are trained, licensed Early Childhood Educators and Child & Youth Care workers with many other skills and certificates. They have a number of roles including facilitation of Family Resource Centre programs, Mother Goose programs, family navigation, and literacy outreach. These Programs run with the generous financial support of MCFD, Public Health Agency of Canada and Decoda.



UPCOMING EVENTS



Family Place has a number of fun activities prepared to welcome summer. We will also, have a few crafts to help you and the little create a memorable Father's Day gift. Child Care Resource and Referral will be visiting on June 4th if you have questions about child care options here in Hope. Ali from Fraser Valley Child Development Centre will be visiting on June 18th so be sure to pop-by if you have questions for her.



Better Beginnings will have a couple different presenters this month. Nicole, the Head Lifeguard from the Hope Recreation Centre and Cathy, our local Public Health Nurse will be discussing how to get baby ready for summer and keep them heat, sun and water safe.

Community Connection's Intergenerational Mother Goose will be wrapping-up at the end of this month which was so much FUN!

Thank you to the Fraser Hope Lodge for hosting.



OUR FUNDERS SUPPORT OUR PROGRAMS TO HELP PROMOTE HEALTHY HABITS AND DEVELOPMENT OF YOUNG CHILDREN BIRTH TO 6YRS