

# Community Food Resource

Center Open 10-12

Last names A-J

K-Z are different days

Senior day 56+ May 20



# May 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Friday Give Aways At Food Bank 10:00-11:00	2
3	Hot sou p and a bun or sandwich will be available Mon4d ay to Thursday 11-1 at Hope Community services	5 Lunch Bunch Seniors 10am \$12 fee Registration required	6 OPEN Food Bank 10:00-12:00 Last name <u>A-J</u>	7 OPEN Food Bank 10:00-12:00 Last name <u>K-Z</u>	8 Friday Give Aways At Food Bank 10:00-11:00	9
10	11	12 Lunch Bunch Seniors 10am \$12 fee Registration required	13 OPEN Food Bank 10:00-12:00 Last name <u>K-Z</u>	14 OPEN Food Bank 10:00-12:00 Last name <u>A-J</u>	15 Friday Give Aways At Food Bank 10:00-11:00	16
17	18	19 Lunch Bunch Seniors 10am \$12 fee Registration required	20 Seniors ONLY age 56+ Food Bank day 10:00-12:00	21 Pre-Packed Hampers for people that missed their day 10-12	22 Friday Give Aways At Food Bank 10:00-11:00	23
24	25	26 Lunch Bunch Seniors 10am \$12 fee Registration required	27 Food Bank Closed Service Canada HCS office 10-3	28 Food Bank Closed	29 Friday Give Aways At Food Bank 10:00-11:00	30
31					Information at: <a href="http://www.hopecommunityservices.com">www.hopecommunityservices.com</a>	