

# FAMILY RESOURCE CENTRE NEWSLETTER

## Better Beginnings (BB) - Tuesdays

This program provides support, knowledge, education and assistance with access to community services for pregnant mothers and parents/caregivers with newborns up to 6 months. Gift cards are given to participants at the end of each session.

## Family Place (FP) - Mondays and Thursdays

This program is a drop-in for children under 6 and their parents/caregivers. We offer activities, playtime, parental support and more.

## Community Connections (CC) - Wednesdays

This is a new rotating program series with a number of offerings from parenting classes, to family adventures, to Mother Goose. The programs will be registered and the times may vary depending on the series but it will always be on a Wednesday. CC will be run in collaboration with other community partners and is funded by MCFD.

**Everyone is welcome at our programs. We look forward to meeting you and your little ones in our warm and welcoming space**

Our Family Resource Facilitators are trained, licensed Early Childhood Educators and Child & Youth Care workers with many other skills and certificates. They have a number of roles including facilitation of Family Resource Centre programs, Mother Goose programs, family navigation, and literacy outreach.

These Programs run with the generous financial support of MCFD, Public Health Agency of Canada and Decoda.



\*OUR FUNDERS SUPPORT OUR PROGRAMS TO HELP PROMOTE HEALTHY HABITS AND DEVELOPMENT OF YOUNG CHILDREN BIRTH TO 6YRS\*



## UPCOMING EVENTS

Family Place has a number of fun activities planned this summer. Monday's program will be out and about in the community so be sure to check the calendar for locations. Thursdays we will be based at the centre with some great inside activities. Child Care Resource and Referral will be here with their Toy Lending Library on July 16<sup>th</sup>, come see what it is all about.



Better Beginnings will be doing a fun summer program, Walk & Talk. We will all meet at the Family Resource Centre and head out for a 40 min walk through the community with a guided discussion. This will give an opportunity to enjoy the summer weather, get some fresh air and some light exercise. We will meet back at the Centre for a meal. This will be weather dependant so please watch for updates. Please ensure to bring your stroller or carrier to program

Over the summer months Story Time in the Park takes the place of our Community Connections program. This is a favorite community event that will run on Tuesday's from 9:30am-11am at Memorial Park. Check out the FB page or chat with staff for further details



The family Resource Centre will be closed July 1<sup>st</sup> for Canada Day.



Decoda  
LITERACY SOLUTIONS





# JULY 2026

## Family Resource Centre

For more information call 604 869 2466, or check out the Family Resource Centre Facebook page, or visit 434 Wallace Street, or email [familyresourcecentre@hopecommunityservices.com](mailto:familyresourcecentre@hopecommunityservices.com)

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CENTRE



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>Closed</i> <i>Canada Day</i>	2 <i>Family Place</i> <i>11:00-1:00</i> <i>Painting</i>	3	4
5	6 <i>Family Place</i> <i>9:00-11:00</i> <i>Memorial Park</i>	7 <i>STITP</i> <i>9:30-11:00</i>	8 <i>BB</i> <i>Walk And Talk</i> <i>9:30-12:00</i>	9 <i>Family Place</i> <i>11:00-1:00</i> <i>Music And</i> <i>Movement</i>	10 	11
12	13 <i>Family Place</i> <i>9:00-11:00</i> <i>Coquihalla School</i> <i>Park</i>	14 <i>STITP</i> <i>9:30-11:00</i>	15 <i>BB</i> <i>Walk And Talk</i> <i>9:30-12:00</i>	16 <i>Family Place</i> <i>11:00-1:00</i> <i>Summer</i> <i>Collage</i> <i>CCRR Toy Lending</i>		
19	20 <i>Family Place</i> <i>9:00-11:00</i> <i>Silver Creek</i> <i>School Park</i>	21 <i>STITP</i> <i>9:30-11:00</i>	22 <i>BB</i> <i>Walk And Talk</i> <i>9:30-12:00</i>	23 <i>Family Place</i> <i>11:00-1:00</i> <i>Ice Cream Craft</i>	24	25
26	27 <i>Family Place</i> <i>9:00-11:00</i> <i>Adventure Park</i>	28 <i>STITP</i> <i>9:30-11:00</i>	29 <i>BB</i> <i>Walk And Talk</i> <i>9:30-12:00</i>	30 <i>Family Place</i> <i>11:00-1:00</i> <i>Water Play</i>		 shutterstock · 54657265

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