

FAMILY RESOURCE CENTRE NEWSLETTER

Better Beginnings (BB) - Tuesdays

This program provides support, knowledge, education and assistance with access to community services for pregnant mothers and parents/caregivers with newborns up to 6 months. Gift cards are given to participants at the end of each session.

Family Place (FP) - Mondays and Thursdays

This program is a drop-in for children under 6 and their parents/caregivers. We offer activities, playtime, parental support and more.

Community Connections (CC) - Wednesdays

This is a new rotating program series with a number of offerings from parenting classes, to family adventures, to Mother Goose. The programs will be registered and the times may vary depending on the series but it will always be on a Wednesday. CC will be run in collaboration with other community partners and is funded by MCFD.

Everyone is welcome at our programs. We look forward to meeting you and your little ones in our warm and welcoming space

Our Family Resource Facilitators are trained, licensed Early Childhood Educators and Child & Youth Care workers with many other skills and certificates. They have a number of roles including facilitation of Family Resource Centre programs, Mother Goose programs, family navigation, and literacy outreach.

These Programs run with the generous financial support of MCFD, Public Health Agency of Canada and Decoda.



OUR FUNDERS SUPPORT OUR PROGRAMS TO HELP PROMOTE HEALTHY HABITS AND DEVELOPMENT OF YOUNG CHILDREN BIRTH TO 6YRS

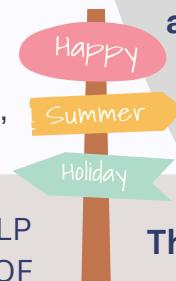


UPCOMING EVENTS

Family Place will continue with the fun summer activities through the first few weeks of August. On August 10th Stacey the Dental Hygienist will be visiting, so feel free to pop-by and have your little's teeth checked. We will be heading to Klassen Farm on Aug 17th to celebrate our last week before summer break. This field trip is open to all our families free of charge, so please join us before we close for two weeks.

Better Beginnings will continue with Walk & Talk, meeting at the Family Resource Centre and heading out for a 40 min walk. This will give an opportunity to enjoy the summer weather, get some fresh air and some light exercise. Please ensure to bring your stroller or carrier to program

Over the summer months Story Time in the Park takes the place of our Community Connections program. This is a favorite community event that will run on Tuesday's from 9:30am-11am at Memorial Park. Check out the FB page or chat with staff for further details



The Family Resource Centre will be closed August 24th - September 8th.



Decoda
LITERACY SOLUTIONS

August 2026

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CENTRE



For more information call 604 869 2466, or check out the Family Resource Centre Facebook page or visit 434 Wallace Street, or email, familyresourcecentre@hopecommunityservices.com

Calendar is subject to change						1
2	3 Closed For B.C Day	4 STITP 9:30-11:00	5 BB 9:30-12:00 Walk And Talk	6 Family Place 11:00-1:00 Bingo	7	
9	10 Family Place 9:00-11:00 Pancake Day Stacey The Dental Hygienist	11 STITP 9:30-11:00	12 BB 9:30-12:00 Walk And Talk Stacey The Dental Hygienist	13 Family Place 11:00-1:00 Painting	14	
16	17 Family Place Klassen Farms Field Trip 10:00-12:00 All Family Resource Centre Families	18 Family Meal Kits 11:00-1:00	19 BB 9:30-12:00 Walk And Talk	20 Family Place 11:00-1:00 End of Summer Picnic In The Park	21	
23 The Family Resource Centre will be closed from August 24-September 8th	24	25	26	27 Produce Kit Pick Up 1:00-2:00	28	
30	31					

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