

FAMILY RESOURCE CENTRE NEWSLETTER

Better Beginnings (BB) - Tuesdays

This program provides support, knowledge, education and assistance with access to community services for pregnant mothers and parents/caregivers with newborns up to 6 months. Gift cards are given to participants at the end of each session.

Family Place (FP) - Mondays and Thursdays

This program is a drop-in for children under 6 and their parents/caregivers. We offer activities, playtime, parental support and more.

Community Connections (CC) - Wednesdays

This is a new rotating program series with a number of offerings from parenting classes like the CALM Connection, to family adventures, to Mother Goose. The programs will be registered and the times may vary depending on the series but it will always be on a Wednesday. CC will be run in collaboration with other community partners and is funded by MCFD.

Everyone is welcome at our programs. We look forward to meeting you and your little ones in our warm and welcoming space

Our Family Resource Facilitators are trained, licensed Early Childhood Educators and Child & Youth Care workers with many other skills and certificates. They have a number of roles including facilitation of Family Resource Centre programs, Mother Goose programs, family navigation, and literacy outreach.

These Programs run with the generous financial support of MCFD, Public Health Agency of Canada and Decoda.



OUR FUNDERS SUPPORT OUR PROGRAMS TO HELP PROMOTE HEALTHY HABITS AND DEVELOPMENT OF YOUNG CHILDREN BIRTH TO 6YRS

UPCOMING EVENTS

Welcome back to Family Place!



This month we will be getting back into the swing of things after our summer break and have a new time on Mondays so check-out the calendar. We will also be celebrating Literacy Month and have planned some fun literacy activities for you all.

Make sure to take note of our Story Walk happening on September 8th for International Literacy Day. This will be a fun literacy activity for the early years and primary kids.



Better Beginnings is back to its regular time slot on Tuesdays and we want to encourage all new caregivers with babies 0-6 months to drop-in and check-out the program. We offer a hot meal and a gift card for those that attend the educational hour.



There will be two Community Connection Drop-in Playtimes this month and all littles 0-6yrs are welcome. There will be a variety of educational toys and themed activities. This is a great way to make new connections with other caregivers or reconnect after a busy summer.

The Family Resource Centre staff will be collaborating with Hope FVRL on Friday mornings to offer Mother Goose at the Library. This great program starts Sept 25th so be sure to register if you are interested.



The Family Resource Centre will be closed September 23rd for a Staff Pro-D day & the 30th to observe the National Day for Truth and Reconciliation.